



Weekly Discussion Guide

April 2018 Sample



Theme for April: *Our Dance with Divinity*

Greetings Everyone,

First, I would like to apologize for not getting the last two weeks of guides to you. In the first week and on the day I usually get the guides out, I drove myself to the ER, thinking I was having a heart attack.. Spent a little over a day there, only to find out that all is well. The second week involved a road trip, helping friends move across country. Internet connection and wi-fi were supposed to be available, but it wasn't. Again, my apologies. So, goes the dance.

Which happens to be this month's theme; *Our Dance with Divinity*. Life offers different situations for us to dance to or with. Sometimes the song may not be one that we like. However, it's how we deal with those times that's important. This is our dance with the Divine.

This week we look at the article by Dr. Ernest Holmes, the founder of Science of Mind. His article, *A Prayer for Your Rebirth*, speaks to us about the power of eternity. He explains that this dance with Divinity is an eternal two step with never-ending Life. *My words, not his.*

Dr. Holmes article starts on page 70.

Also, be sure to read the poem “*You*” at the beginning of the article. It’s a beautiful piece of work.

Peace, Joy and Abundant Blessings,
Eugene

Dr. Holmes was accustomed to using the life of Jesus to teach from. Possibly one third of the Science of Mind text is based on teachings from the Bible and Jesus. Therefore, it is not surprising that he uses Jesus to speak to us about our eternal life.

Holmes writes: ***“Since humankind first began to meditate deeply and earnestly upon the spiritual meaning of life, there has always been a teaching that this physical plane is but a manifestation of a more subtle and ethereal plane, that this physical body is but a counterpart of an immaterial body.”***

We are invited to ponder for ourselves our own immortality. Holmes writes: ***“Now immortality is either a principle in the universe or it is not. Consequently, if immortality is a principle, it must be true for every living soul.”***

1. What is your thoughts and feelings about immortality? Please discuss with your circle.

Nature provides a great lesson about the eternality of life. This lesson is so simple and continual that most of us don’t stop to think about it. We know them as seasons. Let’s start with Spring. Trees are filled with leaves. Bushes are adorned with beautiful flowers of all kinds. Animals of all types have given birth to their young and life is expressing in glorious and wonderful ways.

We then walk through the rain to summer, where life continues to express in beautiful ways. The days are hotter, and life is mostly spent in the Great Out Doors. (G.O.D.) So much is going on during this time. This is when most people take vacations. Why? To get out into life. We do this during this time because we know that Fall is on the way.

Fall is the time when we get to see how powerful and eternal life truly is. The leaves that once filled the tress begin to fall. The pedals of flowers begin to

wither and 'die.' Grass begins to dry out and brown. Everything around us seems to be losing its life. Key word here is 'seems.' Then we hit the 'dead of winter,' where life appears to come to a standstill.

This process has been happening forever, and it will continue because life is eternal. Here's Dr. Holmes. ***"The spiritually illumined of the ages have taught the immortality of every person, the continuity of every person's individualized stream of God consciousness and self-awareness."*** He goes on to say, ***"We may desecrate our spiritual natures; we may temporarily dishonor or disown them; we may prolong the advent of our heaven. But somewhere, under some condition, we shall all awake from our sleep."***

What are we to wake up to? The truth that we are infinite beings. Who we truly are is never-ending. Holmes writes, ***"The physical body, which nature has provided for our use on this plane, is real enough or we would not have it, but it is not eternal."***

2. How does this resonate with you? Please discuss with your circle members.

We are also to awaken to the truth that we are more than our physical bodies. Dr. Holmes says; ***"There is a spiritual body and a material body, and they do not interfere with each other."*** At the core of our being we are pure consciousness. As Holmes says, ***"It is the nature of consciousness to take form, and there must be some form on every plane if there is to be self-realization."***

A question to ask is, how does knowing all of this improve our lives? Great question, right? It is one to ponder for sure. Think about this, though. There is a divine Intelligence that has created life to be eternal. That Intelligence is at the core of your being. It is who and what you really are. It is manifesting as all of us right now and has been since the beginning of time. Being aware of this or not does not change the principle of eternal life. If this Intelligence is doing this as all of life, how much more may it express through you now that we are awake to It?

Holmes says so eloquently, ***"All of our physical senses may be reproduced in the mind alone. It is the mind and spirit which are eternal, not the body, not the human form. The uniqueness of individual self-expression, the charm of personal contact, are nonphysical qualities of the soul and may be expressed on one plane as easily as another."*** He then goes on to say, ***"That which seems death to us is really resurrection to the one who passes from this experience into the next."***

3. How do you feel about the above statement?

Holmes leaves us with this. *“Let us, then, seek that Divine Reality which ever enfolds us in Its eternal embrace, that Spirit which is within, around and about us, that inspiration which is the guiding star of our soul. And as we permit Eternity to make a new imprint upon our mind, to enlarge the boundaries of our spiritual horizon, to break down the intellectual barriers of our thought, then we shall view the world “as one vast plane and one boundless reach of sky,” and we may walk into the Light, in joy.”*

The very last paragraph by Holmes is equally as powerful. It is included here for your convenience. *“Life is and cannot produce death. Death is naught but evolution, progress and transition from one state to another. In life, in thought and in act we should cease contemplating death and realize life and more life. Life is a continuous program.”*

And so it is.

Peace, Love and Eternal Blessings, Eugene

April 2018 Theme: Our Dance With Divinity

Possible Featured Articles That May be Used

- **Lynne McTaggart: Beyond The Intention Experiments, by Holli Sharp**
- **It's time for Your Joyful Life: The Long Journey Home, by Karen S. Wylie**
- **What's Next? Unpaving Paradise With Matthew Fox, by Kathy Juline**
- **Shall We Dance?, by Dennis Merritt Jones**

Opportunities for further Circle Discussion

As you read the Daily Guides for this month, were there any in particular that resonated with your consciousness? If so, please share with your discussion group.

Remember there are also a number of articles reflected in the Columns section, as well as affirmations and reviews in the Departments section of the magazine. Choose one or more to review and discuss as a group if time permits.

Additional Resources of Interest

Online Edition of Science of Mind Magazine

The online edition of the magazine contains additional content not found in the printed edition. It is available at the following site:

www.scienceofmind.com

Science of Mind Free Electronic Newsletter

You may find additional articles and links to other resources that your Circle may want to explore. You can sign-up at the following site: <http://www.scienceofmind.com/e-mail/>

The Science of Mind Archives

This site contains a number of online books, audios, and archived editions of Science of Mind magazine that are accessible at the following link: <http://scienceofmindarchives.org/>

Social Media

Check us out on the following Social Media sites for forum discussion, current events, and inspirational postings that may be of interest:

- <https://www.facebook.com/centersforspiritualliving>
- <https://twitter.com/sciofmindmag>

Questions or Feedback

We welcome any questions concerning your Spiritual Living Circles, as well as feedback on how we can improve on the content of this material.

Please send us an e-mail to: circles@csl.org

We are very grateful for your continued participation in being a part of up leveling the consciousness of the planet where we envision a World That Works For Everyone

Peace

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