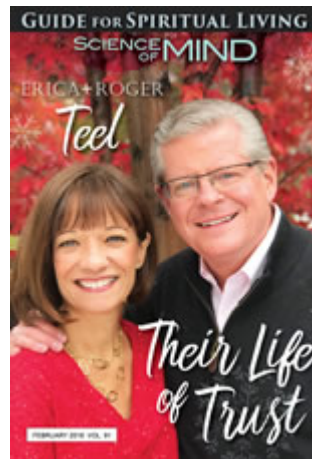




Weekly Discussion Guide

February 2018 Sample



January's Theme: *Renew the Foundation*

Greetings and salutations,

Last month we spent time renewing our foundation in Spirit, that Love Intelligence that governs the Universe. We took the time to deepen in our practice of recognizing that knowing God is knowing ourselves. In renewing the foundation, we were encouraged to plant the seeds of greatness.

This month, we are invited to participate in the *Revelation of Unity*. We are all in this together. As spiritual beings we get to live this thing called life from a place of love and understanding, living together as one human family. To assist us with this, this week's discussion guide is based on the article written by Dr. Ernest Holmes, entitled *THE WHOLE HUMAN FAMILY*. Dr. Holmes' article starts on page 82.

Peace and Abundant Blessings,
Eugene

Dr. Holmes starts with a very powerful observation, he writes, ***“Everyone wishes to have a friend and to be a friend. And everyone wants to be happy.”*** That is so true. No matter the culture, race or religion, everyone around the world wants to be happy. Everyone wants peace, prosperity and joy. Dr. Holmes continues by writing, ***“Surely, it is intended that we all live together in peace and prosperity...”*** He then goes further by saying, ***“...and there is a way through which this can be brought about.”*** What is beautiful about this is that Dr. Holmes doesn’t just leave it at that. He goes on to say, ***“First of all, we must do away with race prejudice, for there is really only one race, which is the human race.”***

1. What is your feeling about that statement? Be honest. Share with your circle.

We, as people, are magnificent. We all have different gifts and talents that we get to share with the world. We all have unique ways of showing up in the world. It is our differences that make life so interesting. Think about it. Life would be pretty boring if we all looked alike and we all did the same thing in the same way. To allow everyone space to be themselves, we must learn to accept one another for who we are. Holmes puts it this way. ***“We must learn to respect each other, to know of the needs of the other person and realize that at the base of every man’s life, there is a sincere desire to love and be loved.”***

Most of the news stories tell us of the ‘bad’ things that go on in the world. This is what sells. But there is a lot of good that goes on as well. Holmes says, ***“There is a lot more good in the world than we realize, and it is this good in each other that we wish to bring out.”*** That is a powerful line; *‘and it is this good in each other we wish to bring out.’* To bring out the good in each other, what a great mission.

Sewing the World Together with Faith

When it comes down to it, we all want the same things in life. We all want to be heard. We all want to feel like we belong. Dr. Holmes writes, ***“We all do want people to like us, and we want to feel that we enter into their lives in some vital way. We all have the same needs, the same hopes and longings.”*** Even though we all want the same things in life, we are created to show up in uniquely different ways. ***“It doesn’t matter that we have different opinions,***

for we are all individuals, each is a person in his own right, and unity does not mean uniformity. But unity does mean that we get along as a human family.”

It's about getting along with each other. It's about coming to the realization that we all have something to contribute to life. To come to this realization, we must begin with ourselves.

Here's Dr. Holmes. ***“The problem begins right at home, in your own mind and in mine.”*** You have heard the saying before that it's an inside job. Dr. Holmes asks the questions, ***“Have we kindness for others? Are we flexible enough to know that everyone doesn't have to think alike in order to get along? Are we able to put ourselves in the other fellow's place?”*** All these questions are good. And this next one is one that is appropriate to ask today. ***“Can we overlook the irritations of life and reach across all the difference of opinion to the common ground upon which we all stand and the united purpose toward which we all strive?”***

2. Are you willing to overlook the irritations of life to reach across the differences of opinions to reach common ground with people in your life?

Life is meant to be lived in harmony and peace. Nature proves this. Even after a storm, nature strives to find equilibrium and balance. Dr. Holmes writes, ***“You cannot separate what is best in the world from some kind of faith in This Thing Called Life. And somewhere along the line, what is best is bound to win.”***

Creating A World of Unity

How do we go about creating a world of unity? Well, maybe the first thing for us to realize is that there is no shortage of anything. There is enough of everything for everyone. Holmes says, ***“There is plenty of room for variety in groups and nations – different thoughts and ideas, different ways of living, different political, economic and cultural systems.”***

3. What do you feel about Holmes' statement?

Creating a world of unity takes a willingness to see each other as one human family. ***"I don't believe that this is merely an idle sentiment or a wistful wishing. It is practical."*** says Holmes. We all have our part to play in creating a world that works for everyone. Holmes continues by saying, ***"So, you and I want to take our part in the building of a better world, a world where there is peace, prosperity and goodwill without coercion."***

Is there something that you and your circle members can do as a group to build a better world? What a great discussion to have among each other.

Dr. Holmes writes something that is fitting for the U.S. and the world ***"I believe it is the destiny of our great country to preserve freedom, prosperity and cooperation...I believe it is the destiny of America to remain a democracy and, in following the leading of the Divine Spirit, to preserve human freedom... while at the same time creating an opportunity for everyone."***

Make sure to read the mediation from Dr. Holmes on page 86.

Peace and Abundant Blessings, Eugene

February 2018 Theme: Revelation of Unity

Possible Featured Articles That May be Used

- **Erica and Roger Teel, Their Life of Trust, by Tricia Gance**
 - **It Is Written, Your Awakened Path, by Patrick Soran**
 - **Impov(e) Your Life With Spirit, by Duchess Dale**
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Opportunities for further Circle Discussion

As you read the Daily Guides for this month, were there any in particular that resonated with your consciousness? If so, please share with your discussion group.

Remember there are also a number of articles reflected in the Columns section, as well as affirmations and reviews in the Departments section of the magazine. Choose one or more to review and discuss as a group if time permits.

Additional Resources of Interest

Online Edition of Science of Mind Magazine

The online edition of the magazine contains additional content not found in the printed edition. It is available at the following site:

www.scienceofmind.com

Science of Mind Free Electronic Newsletter

You may find additional articles and links to other resources that your Circle may want to explore. You can sign-up at the following site: <http://www.scienceofmind.com/e-mail/>

The Science of Mind Archives

This site contains a number of online books, audios, and archived editions of Science of Mind magazine that are accessible at the following link: <http://scienceofmindarchives.org/>

Social Media

Check us out on the following Social Media sites for forum discussion, current events, and inspirational postings that may be of interest:

- <https://www.facebook.com/centersforspiritualliving>
- <https://twitter.com/sciofmindmag>

Questions or Feedback

We welcome any questions concerning your Spiritual Living Circles, as well as feedback on how we can improve on the content of this material.

Please send us an e-mail to: circles@csl.org

We are very grateful for your continued participation in being a part of up leveling the consciousness of the planet where we envision a World That Works For Everyone

Peace

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