



Weekly Discussion Guide

November 2017 Sample



November's Theme: *Peace and Prosperity for All*

Good day everyone,

Yes, another month has passed, and we now find ourselves in the month of thanksgiving. Traditionally, fall when people give thanks for the harvest of their lives. The seeds that have been planted in Spring are now ripe for the picking.

This week's discussion guides are based on the article written by the founder of the Science of Mind and Spirit, Dr. Ernest Holmes, who reminds us of how powerful affirmative prayer is when it comes to reaping the harvest of our seeds planted in the gardens of our mind. *Pray and Prosper*, Dr. Holmes' article begins on page 68.

Enjoy the Blessings of your word,
Eugene

In speaking about how we can realize true prosperity Dr. Holmes says, ***“But first, you must know that Spirit is your Silent Partner ... a wise and loving Presence ever ready to respond to you.”*** Holmes speaks to the why of it all

when he writes, ***“The purpose of prayer and faith is to seek conscious union with this indwelling Presence.”*** Then he adds this powerful line. ***“Always your prayer will be as effective as your faith.”*** That’s a powerful line and something we all can look at.

1. Do you have faith in your prayer?

Many of you have heard the phrase “change your thinking, change your life.’ This is much more than just a nice platitude. There is an actual power, a Something that responds to our thoughts. Dr. Holmes puts it this way. ***“There is a Law of Mind that responds to your faith. You need have no anxious thought concerning the operation of this Law, for it will always respond.”***

Remembering that the law always responds to us is very important. It calls us, you and I, to be aware of what we are thinking and feeling. Our thoughts, and the feelings behind the words are what create our reality. Prayer, affirmative prayer, is not about pleading to an outside source for our good. Affirmative prayer is an act of re-centering ourselves to know that truth that what prospers us is already within us.

Dr. Holmes writes, ***“Prayer ties you to a power that is able, ready and willing to fulfill every legitimate desire; to bring every good thing to you; to do for you even more abundantly than you have expected.”***

Reflecting an Exact Likeness

To experience the prosperous life we desire, we must first see it. As we keep ‘our eye single’ on what we desire to experience, the law of Good reflects back to us what we are affirming. Dr. Holmes writes. ***“So the law of Good reflects back to you a likeness of the images of your thought.”***

2. Are you aware of your most dominant thoughts?

It may at first seem difficult to keep before you the Good you want to experience. And yes, it takes practice. It takes consistent practice. Especially with all that is going on in the world these days. It can be a challenge not to get snagged by the fears and doubts and worries that people share. But, we must be aware of the thoughts we keep. Thoughts of fear and doubt will create, through

us, experiences that cause us to be fearful and doubtful. Holmes alludes to this when he writes: ***“But too often we reflect the fear and limitation of man rather than the glory of God.”***

Prayer aligns us with the truth of our being. That truth is that we are created in the spiritual image and spiritual likeness of the beloved. As we keep our mind, our vision on that, this is reflected in our outer world and we begin to live the life more abundant.

Holmes writes ***“Prayer, then, is a mirror reflecting the images of your thought through the Law of good into your outward experiences.”*** He goes on to ask a great question, a clarifying question.

3. ***“What are you reflecting, the glory of God or the confusion of man?”***

Prayer as Art and Science

There is an art to the science of prayer. Holmes writes: ***“Prayer is more than an intellectual thing; it is a thing of feeling, a creative act. Just as an artist feels beauty, rather than sees it, so we feel the Divine Presence as warmth, color and life, ever responding to us.”***

Ask any artist and they will tell you that it takes practice to hone their skills. This is the same with affirmative prayer. We must practice, we must experiment with it.

Another important aspect of prayer is our willingness to receive. Trust that prayer works. Trust that the law works. Then be willing to receive the prosperity you've prayed for. Some may say that this is a no brainer. However, many have experienced times when they just didn't feel worthy to receive their good. It is important that you open and receive. As Holmes tells us: ***“The Spirit can only give you what you take; and since this taking is an act of consciousness, you must be actively aware of the presence of your desire. You must know that the gift is made even before you see it. You must receive the gift.”***

Please be sure to read *“Meditation from Dr. Holmes”* on page 72.

Peace and Blessings, Eugene

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Possible Featured Articles That May be Used

- **Dr. Jane Goodall's Legacy to the Planet, by Julie Mierau**
- **Creating Prosperity from Lack in Nairobi, by Sara Awad**
- **The Art of Deepening Our Sacred relationships, by Anthony J. Diaz**
- **Time to Mind Your Thoughts: Creating peace & Prosperity, by Aurthur Johnson**

Opportunities for further Circle Discussion

As you read the Daily Guides for this month, were there any in particular that resonated with your consciousness? If so, please share with your discussion group.

Remember there are also a number of articles reflected in the Columns section, as well as affirmations and reviews in the Departments section of the magazine. Choose one or more to review and discuss as a group if time permits.

Additional Resources of Interest

Online Edition of Science of Mind Magazine

The online edition of the magazine contains additional content not found in the printed edition. It is available at the following site:

www.scienceofmind.com

Science of Mind Free Electronic Newsletter

You may find additional articles and links to other resources that your Circle may want to explore. You can sign-up at the following site: <http://www.scienceofmind.com/e-mail/>

The Science of Mind Archives

This site contains a number of online books, audios, and archived editions of Science of Mind magazine that are accessible at the following link: <http://scienceofmindarchives.org/>

Social Media

Check us out on the following Social Media sites for forum discussion, current events, and inspirational postings that may be of interest:

- <https://www.facebook.com/centersforspirituelliving>
- <https://twitter.com/sciofmindmag>

Questions or Feedback

We welcome any questions concerning your Spiritual Living Circles, as well as feedback on how we can improve on the content of this material.

Please send us an e-mail to: circles@csl.org

We are very grateful for your continued participation in being a part of up leveling the consciousness of the planet where we envision a World That Works For Everyone

Peace

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