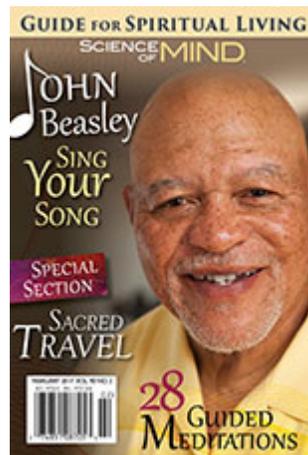




Weekly Discussion Guide

February 2017 Sample



February's Theme: Celebrating Diversity

Wow, here we are in the second month of the year. This month's theme is Celebrating Diversity. In celebrating diversity, we are also celebrating the Unity of the Spirit as It lives It's life as all of us.

This week's discussion guide is based on an article written by the Founder of Religious Science, Dr. Ernest Holmes. The article is entitled [Brave New World: Illuminating the Truth of Oneness Across the Universe](#).

Now is the time for all of us to step into who and what we truly are in Spirit. Now is also the time for us to live from the power of who we are, coming from that space of peace, poise and power.

On page 80, Science of Mind Founder, Ernest Holmes writes; ***“What we need now is the kind of people whom the over practical have overlooked. For we are convinced that we are spiritual beings living in a spiritual universe governed by spiritual laws.”*** As we read on, Holmes clearly states that; ***We***

have gone far enough in our research to prove that there is something within us – in our physical bodies, our environment and in nature itself – that responds to our belief in it.”

1. Have you done your own research to prove that there is something within you that responds to your belief? Please sight a couple of experiences you may have had.

Dr. Holmes writes on the same page; ***“This achievement is not found in books, preachments or proclamations. Fortunately, only the individual can make this discovery for himself or herself. There must be a starting point. The search must begin with self.”***

2. What do you think Dr. Holmes meant when he said ***“Fortunately, only the individual...?”***

Once we discover who and what we are, Dr. Holmes states that ***“...we can reach out to others and finally to the world.”***

Discovering who you are, who you really are, is a discovery that will change lives. Not just your life, but the lives of all who come to your conscious awareness.

Dr. Holmes reminds us, ***“We need not be bound by the ignorance and superstitions of others...”***

3. What old beliefs or superstitions are ready to be released so that you can be free to shine as the brilliant light you were created to be?

Stepping into the [Brave New World](#) is about stepping into the *Brave New You*. It is about shining your light no matter what. Dr. Holmes alludes to this when he writes, ***“We each have our own life to live, and as that life is without end, the progress we make along this eternal pathway is up to us.”***

Dr. Holmes continues by saying, ***“The cold fact is that such growth may only occur as a result of what we do to ourselves, not what something else does to us. We cannot, like a fairy godmother, wave a wand and have what we desire appear.”*** It is up to us. It is up to you.

Your thought is stronger than any magic or wand. Your thought is powerful. You are more powerful than what you might think. Depend only on the Power that indwells you. Trust that you are guided and directed by the eternal Something. In trusting this we can, as Holmes says, ***“...receive direct divine guidance and know how to live as human beings, because we first have discovered that we are divine beings.”***

4. In what diverse ways is Spirit wanting to be expressed through you, as you? List at least three ways.

To assist us in this, Dr. Holmes provides a few affirmations we can use on a daily basis. I invite you to take one or two of these affirmations and make them your own by feeling into them as you say them.

On page 82, Dr. Holmes writes a very powerful affirmation. ***“The light that warms the center of my being so shines forth that all may find guidance and warmth and comfort in its rays. This is the light that lighteth every person that cometh into the world.”***

Dr. Holmes finishes this article with this powerful statement. ***Today is a fresh beginning, a new start and a joyous adventure on the pathway of eternal***

progress. Today is bright with hope and happy with fulfillment. Therefore, I affirm that this is the day that God has made, that it is good and that I find fulfillment in it.”

You are the way that God gets to play on this spiritual plane called Earth.

5. What needs to happen for you to play full out, to express the many diverse gifts of Spirit that is you?

May this week be a time of self discovery, expansion, peace and joy. Remember, you are the way that God gets to play on this spiritual plane called Earth.

Peace and Blessings

February 2017 Theme: Celebrating Diversity

Possible Featured Articles That May be Used

- **Remeber Your Song by, Julie Mierau**
- **An Exploration of Diversity by Terry Drew Karanen**
- **When Kindness Goes Wrong by, Swati Singh**
- **Diversity in Oneness by, margaret Stortz**

Opportunities for further Circle Discussion

As you read the Daily Guides for this month, were there any in particular that resonated with your consciousness? If so, please share with your discussion group.

Remember there are also a number of articles reflected in the Columns section, as well as affirmations and reviews in the Departments section of the magazine. Choose one or more to review and discuss as a group if time permits.

Additional Resources of Interest

Online Edition of Science of Mind Magazine

The online edition of the magazine contains additional content not found in the printed edition. It is available at the following site:

www.scienceofmind.com

Science of Mind Free Electronic Newsletter

You may find additional articles and links to other resources that your Circle may want to explore. You can sign-up at the following site: <http://www.scienceofmind.com/e-mail/>

The Science of Mind Archives

This site contains a number of online books, audios, and archived editions of Science of Mind magazine that are accessible at the following link: <http://scienceofmindarchives.org/>

Social Media

Check us out on the following Social Media sites for forum discussion, current events, and inspirational postings that may be of interest:

- <https://www.facebook.com/centersforspiritualliving>
- <https://twitter.com/sciofmindmag>

Questions or Feedback

We welcome any questions concerning your Spiritual Living Circles, as well as feedback on how we can improve on the content of this material.

Please send us an e-mail to: circles@csl.org **We are very grateful for your continued participation in being a part of up leveling the consciousness of the planet where we envision a**

World That Works For Everyone

Peace

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