

## How To Start a Spiritual Living Circle

Thank you for your interest in starting a Spiritual Living Circle! Our purpose in creating this program is to provide you and your friends with material to find a new way to connect and deepen your spiritual experience!

### STARTING A SPIRITUAL LIVING CIRCLE

Starting your own Spiritual Living Circle begins with asking your friends to get together! Pick a location that is easy and convenient and works for your group members. Use this first meeting as an opportunity for everyone to introduce themselves and discuss what the Guide for Spiritual Living: Science of Mind magazine means to them. Open the discussion up for questions and comments and consider the possibility of meeting on a regular basis. If you and your group members decide to meet consistently, it may be helpful to answer the following questions:

- 1.) *Where are we going to meet?* Choose a location that is convenient for group members but also allows for open communication.
- 2.) *How often will we meet?* The discussion guides are emailed out monthly, highlighting four feature articles from the magazine which can be discussed in any order you choose.
- 3.) *Who will facilitate the discussion?* It may be helpful to designate a host for the group to help lead discussions. This position could be given to one person or rotate among members. Allow your group to change and adapt to the needs of its members.
- 4.) *Are food and drink a part of our meeting?* Have an open discussion about the format of the group meeting and what level of “hosting” is desired.
- 5.) *How big do we want our group to be?* Allow group discussions to be safe and comfortable for all participants. This may mean limiting the number of people in the group to facilitate a feeling of intimacy.

By signing up as either a Spiritual Living Circle Participant or Host, each member will receive a complimentary free 6-month trial of Guide for Spiritual Living: Science of Mind magazine and digital access! It may be helpful for each participant to bring their copy of the magazine or access to the digital version, to each meeting for reference.

### BEGINNING A SPIRITUAL LIVING CIRCLE

To begin a Spiritual Living Circle:

- 1.) Host should email [circles@csl.org](mailto:circles@csl.org) and express interest in starting a circle.

- 2.) CSL Home office will send out an informational sheet about hosting a circle. After reviewing this information, the host should begin to sort out logistics and gather participants for their circle.
- 3.) Host should contact CSL Home Office staff requesting a participant roster in order to complete and send back.
- 4.) Once Home Office has received your roster, you and your participants will be added to the distribution list for the discussion guides and send out Welcome Email with link to free 6-month trial of the Guide for Spiritual Living: Science of Mind magazine.
- 5.) Any questions can be directed to [circles@csl.org](mailto:circles@csl.org).

We wish you great success on your journey of awakening!