



## **HOW TO START A SPIRITUAL LIVING CIRCLE**

Thank you for your interest in starting a Spiritual Living Circle! Our purpose in creating this program is to provide you and your friends with material to find a new way to connect and deepen your spiritual experience!

Starting your own Circle begins with asking your friends to get together! Pick a location that is easy and convenient and works for your group members. Use this first meeting as an opportunity for everyone to introduce themselves and discuss what the magazine means to them. Open the discussion up for questions and comments and consider the possibility of meeting on a regular basis. If you and your group members decide to meet consistently, it may be helpful to answer the following questions:

- 1.) *Where are we going to meet?* Choose a location that is convenient for group members but also allows for open communication.
- 2.) *How often will we meet?* The discussion guides are emailed out on a weekly basis but you may choose to meet as often as your group would like.
- 3.) *Who will facilitate the discussion?* It may be helpful to designate a host for the group to help lead discussions. This position could be given to one person or rotate among members. Allow your group to change and adapt to the needs of its members.
- 4.) *Are food and drink a part of our meeting?* Have an open discussion about the format of the group meeting and what level of “hosting” is desired.
- 5.) *How big do we want our group to be?* Allow group discussions to be safe and comfortable for all participants. This may mean limiting the number of people in the group to facilitate a feeling of intimacy.

Each week, discussion guides are emailed to participants and are based on one article from the current issue of Science of Mind magazine. Therefore it will be helpful for each participant to bring their copy of the magazine (or access to the digital version) for reference.

By signing up as either a Spiritual Living Circle Participant or Host, each member will receive a [complimentary free 6 month trial of Science of Mind Magazine and Science of Mind Magazine Online!](#)

To sign up as a Spiritual Living Circle Host/Participant:

- 1.) Visit [www.ourcsl.org](http://www.ourcsl.org)
- 2.) Click on “Online Net Community which is listed in green on the left side of the page
- 3.) If you are already a member of the Net Community, login with your user name and password. Under “Manage My Account” click “Update Profile” and select “Yes” for Spiritual Living Circle host or participant.
- 4.) If you are not a member of the Net Community, click “New User Registration” and register as a new user and select “Yes” for Spiritual Living Circle host or participant.
- 5.) Save your profile.

6.) Within a week you will receive the Welcome Packet and begin receiving the weekly discussion guides.

Contact [circles@csf.org](mailto:circles@csf.org) for more information about how to sign up or any other questions about starting a circle that you may have.

We wish you great success on your journey of awakening!