

Ernest Holmes Quotes on PEACEFULNESS/PEACE

The first part is from the Compilation by Rev. Katherine Neville Smith

Creative Mind (1919):

1. What more can we ask! What greater realization of life than to know that God is with us! From this great realization comes peace, a peace which the world little understands, and a calm which is as deep as the infinite sea of love in which he realizes himself to be immersed. (p. 25.2)

Creative Mind and Success (1919):

1. In the silence of the soul's communion with the Great Cause of All Being, into the stillness of the Absolute, into the secret place of the Most High, back of the din and the ceaseless roar of life, we shall find a resting place and a place of real spiritual power. (p. 77.1)

Science of Mind (1938):

1. "Peace is brought about through a conscious unity of the personal man with the inner principle of his life -- that underlying current, flowing from a divine center, pressing ever outward into expression. But this can never come by proxy. We can hire others to work for us, to care for our physical needs, but no one can live for us. This we must do for ourselves." (p. 445.3)

This Thing Called You (1948):

1. First of all you must arrive at peace of mind. It is only on the basis of peace that you can persist with absolute certainty. Peace alone gives poise. There is an intuition within you which already knows that you are one with good, that your destiny is certain, and you must listen to this intuition for it is the voice of God in you. (p. 27.3)
also in Intuition

Words That Heal Today (1949):

1. God is peace. We enter this peace in such degree as we withdraw from confusion. (p. 25.2)

2. He (Jesus) does not imply that non-resistance means acquiescence, that it means we accept negative conditions or circumstances as being right. Non-resistance means non-combativeness. Instead of contending against evil we should think good; instead of

fighting the devil we should worship God; instead of being overcome by grief we should enter the joy of living. (p. 34.2)

3. If there is anything we need it is peace of mind. Without it life is not worth while. Peace of mind comes only when there is a personal and collective sense of security. This sense of security comes when there is a sense of belonging to the universe. Jesus knew that no one is or ever can become sufficient unto himself. It is when the soul returns to its source and finds its true center in pure Spirit that it enters into that peace which the Wise One said the world cannot give. (p. 246.3)

Living Without Fear (1962):

1. If we find ourselves surrounded by confusion we should meditate on peace until we feel a sense of peace. Then as the mind returns to its objective state it brings an atmosphere of peace with it which dispels the confusion just as light dispels the darkness. Thus our meditation becomes a practical thing; it has an actual value in everyday experience. (p. 96)

The Spiritual Universe and You (1971):

1. When we are confused and trying to go in forty directions at once, which is the most psychologically and physiologically disintegrating and devastating thing anyone can do, we should turn definitely from the confusion and get by ourselves; then come to the realization of a Divine Presence and the strength and stability of Its inward Peace; recognize that there is but One Life, that Life is God, that Life is within us, and there is no confusion in that Life; and begin to identify with that Life. Identification is one of the great words in our language. We could say: "I am one with God's Peace. There is no confusion in me. At the center of my being there is Peace. There is nothing to be afraid of. At the center of my being the eternal Peace forever dwells in security. I have no fear." It does not matter how long it takes to do this if we really want peace, and after awhile confusion will no longer affect us. (p. 12)

Your Invisible Power (1974):

1. The Peace that is within you is not something separate from God. It is not something that bombards you from without. This Peace is something that expands from within. Always this Peace had been in you. Always this Peace has nestled at the center of your being, ready to reveal Its perfection and harmony.

Peace stands at the door of your consciousness and awaits your acceptance of It. However, It does not stand outside your door, waiting for entrance, so much as It stands inside waiting to be expressed in everything you do. (p. 28.3)

2. Because God is Peace and because God is in you, the Peace of God must also be in you. You should no longer go in search of Peace, for this is confusion. (p. 29.3)

3. Peace is at the center of your own soul, it is the very Being of your being. This peace, which is at the center of your being, has never been disturbed. It has never been afraid. It never desired to harm anyone, therefore it never has been hurt. How, then, shall you use this great gift which nestles at the very center of your being? You are to use it consciously. You are to speak the Word of Peace wherever discord appears. And when you do speak the Word of Peace, let no doubt arise in your thought. You must know that Peace stills the tempest. You must know that your Peace has all Power because It is the Peace of God within you. (p. 30.2)

4. Above the wind and higher than the whirlwind, enshrined in the Heart of God, there is a Voice within you which says: "Peace! Be not afraid. It is I." This "I" is YOU. This "YOU" IS GOD WITHIN YOU. This God within you IS Peace. (p. 31.1)

A Holmes Reader on Change (1995):

1. The Peace within you is not something separate from God. It is not something that bombards you from without as the earth is bombarded by cosmic rays. This Peace is something that expands from within. Always this Peace has been in you. Always this Peace has nestled at the center of your being, desiring to reveal Its perfection and harmony. (p. 59)

2. Peace stands at the door of our consciousness and awaits our acceptance of It. However, It does not stand outside our door, waiting for entrance, so much as It stands inside waiting to be expressed in everything we do. If the possibility of your peace were dependent upon some external event, some outside circumstance, some objective fact, then you would not have a Principle of Peace within you. You would merely be hoping that one might either develop or be imposed externally. (p. 59)

3. Peace is within you now. The Peace that passeth all human comprehension is there. The Peace that is at the very heart of the Universe is there. (p. 60)

4. God has implanted this Peace within you. Because God is Peace and because God is in you, the Peace of God must also be in you. You should no longer go in search of Peace, for this is confusion. "Search Him not out, but seek Him at the center." (p. 60)

5. The Peace that is within you, then, is birthless, deathless, and changeless. It stands within and not without. And because Peace is within you, It is available. If It were somewhere else you would never find it. You can find that which already exists within. (p. 60)

A Holmes Reader on Practical Wisdom (1996):

1. There is a peace at the center of your being -- a peace that can be felt throughout the day and in the cool of the evening when you have turned from your labor and the first star shines in the soft light of the sky. It broods over the earth quietly, tenderly, as a mother watches over her child. (p. 21)

Science of Mind Magazine:

1. . . . true non-resistance is the surrender of every arrogant attitude of mind to good and to good alone. Those who have made this surrender have found real peace of mind, happiness and wholeness in the only place it can be found, which is within themselves. (August 1993, p. 18)

2. Real peace of mind comes only from a deep and an abiding faith in the universe, in This Thing Called Life, and in the Power greater than we are. (Oct. 1993, p. 19)

End of Part One

Part Two from the Science of Mind Archives & Library Foundation Collection of the Works of Ernest Holmes.

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The Spiritual Principle of Peace by Ernest Holmes (no other reference information available)

As we tune in our radio to different programs, so the mind is attuned to that which it adjusts itself to. And if all the people who believe in prayer or treatment or spiritual aspiration, were to unite in one accord, declaring that peace shall be and shall prevail, knowing that everyone else knows this, then we should have no war.

But Peace is an inner conception. We should consciously discourage every sense of strife in our bodies and at the same time pray for peace, each in his own language, come to understand one another and above all, to believe that God is a presence, a presence of peace and of love, not of destruction, not of hate.

Radio Talk Perceive Peace delivered by Ernest Holmes
Over Station KFAC, Los Angeles, Friday, May 23, 1937

I discipline my mind to perceive peace.

When we reach a state of peace and serenity, where we perceive the unity of all life and all good, we are tuning into this Divine Unity. If, on the other hand, our thought continuously dwells on struggle or fear and mental disturbances, we attract these conditions, these vibrations of thought, these mental atmospheres become attracted into our mind.

For instance, if all the peoples of the world continue to think about war they will enter each other's vibrations of struggle and will undoubtedly create another war. If, on the other hand, that thought atmosphere is changed and all people begin to think about peace, they will enter a vibration of peace and they will eliminate war. Jesus said, "Who takes up the sword shall perish by it." That is but a veiled statement of the immutable law of cause and effect. "As a man sows so must he also reap," and those who live by struggle must continue to struggle in order to live.

World Peace Is Not an Illusion by Ernest Holmes

World peace is a thing that the average person believes is someone else's responsibility, when actually there is something very practical he can do about it. This article was written for the July 1955 Science of Mind Magazine

I presume that everyone would rather have peace than anything else on earth. If everyone really is desiring peace, and if desire were an effective prayer for peace, then we would have had peace a long time ago. There are not many people in the world who are opposed to having peace, there couldn't be, particularly in an age in which anything other than universal peace would lead to universal destruction.

All we have said applies to war and peace for we are discussing the possibility of a spiritual power which, consciously used and directed, can change the destiny of the world.

Let us find what it is that we do know. You and I know that no matter how confused we are, if we will get by ourselves long enough and think peace, we will become peaceful. Peace is the Divine Reality at the heart of God.

...where there is a community of interest and a number of persons are involved and there is general confusion, if there is only one person to know peace for that group it will neutralize the confusion of the others.

We must practice the presence of peace consciously, definitely and deliberately. If we can do it individually and in the family and to a certain degree in our offices and businesses, which we can, why can't we do it for the whole world? We can.

“Beloved, now are we the sons of God.” Consequently, there is no resistance on their part because on that level where spiritual treatment is given there is nothing to resist it. It is an announcement of the Presence of God and God is Peace.

“Peace I leave with you, my peace give I unto you, not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.” This is what Jesus knew and this is the only thing that will bring peace on earth.

Peace will come through the affirmation of people who believe in affirmation and the petition of those who petition but believe in the answer to the petition. It doesn't matter whether he is a Catholic, Protestant or Metaphysician, a Jew or Gentile. There is no God who knows any difference between them. We are each the individualization of the One, the All and the Only, here and now. Each meets God right here and nowhere else and in such degree as he has first met Him here he is able to meet the other person at that level. It is impossible that he can meet him otherwise.

We want peace? Then it has got to begin right where I am, for me. I, myself, must believe in my own prayer “when ye pray, believe that ye receive.”

So we want peace on earth? Then let us pray for peace in our own hearts, let us affirm peace in our own minds. Let us live as though peace were the mandate of God because it is. Together let us affirm it and let us encourage others to, no matter what the opposition appears to be, for it is a fundamental reality of God.

“Blessed are they that have not seen and yet have believed.” Let us face the future without fear but let us all also face it intelligently as men and women who are not afraid of anything. There is nothing in the universe to be afraid of. Some things could be avoided. Let us realize if the world is healed of war and brought into peace it won't have been because guns were bigger and better or more of them. We need them until it does heal itself, but that will come to pass only because somewhere along the line the balance of the scales of eternal truth shall fall on the side of peace.

Let us, you and me, pray for peace and let us make our hearts fit to accept it when it comes. Let us make our intellect and our soul and our will and are feeling ready to receive it and embrace it even before it comes. Let us in the stillness of our own soul go back to that ineffable Presence which is Peace and proclaim It even in the midst of confusion, that Peace which is the Power at the heart of God.

Let There Be Peace by Ernest Holmes. Originally from a Sunday Morning Talk at Ebell Theatre. This article was written for the November 1931 Science of Mind Magazine

When the world really desires peace it will have it and not until then. The world is an aggregation of individuals, just as our bodies are made up of countless numbers of cells. Where the cells remain in harmonious relationship to each other, there is no pain.

If a practitioner can treat an individual mind and produce harmony and cooperation, why would it not follow that if all the people who now believe in the unity of good, worked consciously and daily for peace among the nations, the same result would follow. This possibility can be brought about only as we cease to think of ourselves or our nation or any other nation as sitting outside the circle of unity. What is good for one nation is good for all. For all have one Universal Parent Mind or Spirit.

Why not treat for peace, prosperity and unity among the nations, for the removal of every thought that obstructs or destroys, for universal prosperity and harmony? Why not approach this collective unconscious just as we would an individual state of thought and in the place of separation, build up a conscious perception of the true unity of good, the Fatherhood of God and the brotherhood of man. When we learn to do this, we will have gone a long way on the road toward that day when the families of the world will sit together in common council, bound by invisible chains of love and unity.

The Peace That Conquers by Ernest Holmes

Sunday November 7, 1954

Our subject this morning is on peace and the peace that conquers and we are thinking of peace in the life of the individual, peace in the life of the family and community and nation and peace on earth and good will among men. I was reading the other day and I am sure you all must have read it, that there is a movement today to raise many millions of dollars, to advertise, to spread the propoganda that everyone should go to church. It's quite a remarkable thing. We are on some kind of a new surge toward religion of all kinds, coming out of the need of the age in which we live. And I was very happy to find that it would be wonderful, you know if the manufacturers and merchants, the Chambers of Commerce, all the State Legislatures, our own Senate and House of Representatives, all followed the advice of our President and many other leaders in America and actually prayed for peace.

As Emerson said, "Nothing can bring you peace but yourself. Nothing can bring you peace but the triumph of principles." So, Jesus taught that in that split second in which we turn from fear to faith we shall have faith. When we turn from uncertainty to certainty we shall be certain because there is something that does it unto us as we believe.

You and I know that no matter how confused we are, if we will get by ourselves long enough and think peace, we shall become peaceful. Peace is the Divine Reality at the heart of God.

It is an announcement of the Presence of God and God is Peace. "Peace I leave with you, my peace give I unto you, not as the world giveth give I unto you. Let not your hearts be troubled, neither let them be afraid. Ye believe in God, believe also in me."

This is what Jesus was talking about and what Gandhi understood. This is the only thing that will bring peace on earth.

We want peace on earth. Let us pray for peace in our own hearts. Let us affirm peace in our own minds. Let us live as though peace were the mandate of God because it is.

Let us out of the stillness of our own soul reach back to that ineffable Presence which is Peace and proclaim It even in the midst of confusion, Peace which is the Power at the heart of God.

A Prayer for World Peace by Ernest Holmes

I know there is but One Mind, which is the Mind of God, in which all people live and move and have their being.

I know there is a Divine Pattern for humanity and within this pattern there is infinite harmony and peace, cooperation, unity and mutual helpfulness.

I know that the mind of each person, being one with the Mind of God, shall discover the method, the way and the means best fitted to permit the flow of Divine Love between individuals and nations.

I know there shall be a free interchange of ideas, of cultures, of spiritual concepts, of ethics, of educational systems and scientific discoveries, for all good belongs to all alike.

I know that because the Divine Mind has created us all, we are bound together in one infinite and perfect unity.

In bringing about World Peace, I know that all people and all nations will remain individual but unified for the common purpose of promoting peace, happiness, harmony and prosperity.

I know that deep within every person the Divine Pattern of perfect peace is already implanted.

I now declare that in each person and in leaders of thought everywhere this Divine Pattern moves into action and form, to the end that all nations and all people shall live together in peace, harmony and prosperity forever.

So it is now.