

Dear CSL Donor,

As we enter the season of spring, we reflect on the power of renewal and growth inherent in us all. At Centers for Spiritual Living, we embrace this season as an opportunity to deepen our commitment to self-care, both individually and collectively.

Self-care is a vital aspect of spiritual practice. It is a way to honor the sacredness of our own lives and cultivate a deeper sense of connection to the Divine within. When we take care of ourselves, we are better able to serve others and contribute to the world in meaningful ways.

One way we can embrace self-care is by sharing with our community. At Centers for Spiritual Living, we rely on the generosity of our supporters to continue enhancing lives across the world. By giving, you not only make our work possible, but also affirm your own abundance and prosperity.

Our efforts provide spiritual tools and resources to empower people to live healthier, happier and more fulfilling lives. From online classes and workshops to our 96-year-old magazine and in-person events, we are committed to building an inclusive community that meets people where they are. Our intention is to support individuals in living their best lives and embracing their highest potential.

Your gift will support the Science of Mind teaching and creating a world that works for everyone. Whether you can give \$10, \$100 or \$1,000, you are helping to transform minds, hearts and lives. And as you share, you powerfully reinforce your own commitment to self-care and spiritual expansion.

Thank you for being a part of our Centers for Spiritual Living community.

Blessings,

Rev. Michelle Arellano
Executive Director