



BE Peace on Earth

A statement from the CSL Spiritually Motivated Social Engagement Committee

“One, alone in consciousness with the Infinite,
constitutes a complete majority. Knowing this in your own thought,
work in perfect peace and calm.”

— Ernest Holmes, *“The Science of Mind,”* p.184

In a world that often appears filled with conflict, division, and fear, let us remember our power to shape reality and foster peace on Earth. As practitioners of Religious Science, we understand that our thoughts, beliefs, and actions influence the collective experience. When we nurture and cultivate peace within, we become conduits for peace on Earth.

As we nurture peace within ourselves, the vibration extends to others given our interconnectedness with all of life. Let us all choose to exude peace, love, and compassion for ourselves and for our world.

In our complex world, opposing forces like violence and peace often coexist. Military actions are sometimes framed as necessary for peace. While some may experience compassion and empathy through these actions, others may not. Yet, as practitioners, we understand that beneath all appearances, there is only love.

Achieving world peace requires releasing fear, anger, and hatred as these could be seen as barriers to peace. Through prayer, meditation, compassion and sacred action, we transform these energies. By collectively envisioning a peaceful world, we harness the transformative power of our thoughts and actions.

The power to create a peaceful world lies within each of us. By nurturing peace in our hearts and minds, we contribute to the transformation of our world. Together, we are shaping a peaceful and loving reality for all.

Affirmation: I am a vessel of peace. By fostering calm and love within myself, I inspire and contribute to a world filled with harmony and kindness for all.

Transcending Conditions: A Peace Exercise

Purpose: Focus on transcending conditions and the instantaneous nature of peace.

1. **Find a quiet space:** Sit comfortably, close your eyes, and breathe deeply.
2. **Contemplate peace:** Reflect on peace being timeless and achievable in an instant. Imagine each blink of an eye bringing peace into the world.
3. **Blink with intention:** Open your eyes, blink, and believe peace is manifested with each blink.
4. **Conclude mindfully:** Sit intentionally for a moment before concluding this time of spiritual practice, blinking intentionally with a deeper realization of peace. Breathe deeply and carry this awareness of peace into your daily life.

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