

Claudette W. Gadsden Conversation Coach Innkeeper

After more than 25 years working in private, public and government entities, nationally and internationally, Claudette Gadsden understands how change and transition can impact someone's life. During that time and through those years, she has been a speaker on many stages and uses her coaching skills to help people navigate through the maze of life to realize their dreams, visions and aspirations. Her direct, yet caring, approach makes it easy for her clients to learn new skills, identify barriers and take action. She takes pleasure in reminding people just how

AWESOME they really are! She is Coach Claudette, the Conversation Coach and Innkeeper at a quaint bed & breakfast, Temple in the Woods. She is the Coaching Innkeeper.

In addition to coaching speaking and professional work, she has been an active member of Columbia Centers for Spiritual Living in Columbia, MD, since 2009, when her former husband introduced her to the Science of Mind. She currently serves as Co-Chair of the CSL Member Council, and Board members for Columbia CSL and the Center for Spiritually Integrated Arts. She previously held the positions of Board President and Board Treasurer at Columbia CSL.

In her free time, she travels and spends time with family. She has a daughter and two granddaughters honored to live in Japan.