

Sunshine Daye is a dynamic spiritual teacher, speaker, and author dedicated to guiding others toward freedom, joy, and transformation. An ordained minister with a Master's degree, she studied under Rev. Dr. Michael Bernard Beckwith and brings profound spiritual wisdom to those seeking a deeper connection with the Divine.

With 38 years of sobriety, and 25 years living the Science of Mind, Sunshine shares powerful tools for inner growth, especially within 12-step recovery communities. Her deep spiritual journey spans Catholicism, Buddhism, and Jehovah's Witness. Honored for her service and compassion, she was awarded the Gene Lentzner Human Relations Award and named Female Community Grand Marshal by Long Beach Pride.

Rooted in love and fun, Sunshine meets people where they are, inspiring them to embrace their divine nature and live joyously.

"Your inner voice is the most sacred gift you have. It's your soul's compass guiding you to your highest good." – Sunshine Daye