



**Rev. Cynthia James** has been a spiritual teacher and speaker for over 35 years. She has been a student of metaphysics for over 45 years. For 11 ½ years she served as an associate minister at the Mile Hi Church in Lakewood, Colorado. She is an international speaker, recording artist, and emotional integration leadership coach.

She has been called a transformational specialist guiding people as they make changes for lasting healing in their lives. As an International and TEDx speaker (over 81,000 views), Leadership and Organizational Coach, performing artist and multiple bestselling and award-winning author of 6 books, she is a sought- after speaker in new thought and numerous other spiritual and secular environments. Cynthia **also** takes people on pilgrimages around the world to sacred spaces and trains coaches in her powerful Emotional Integrative techniques

She founded and is the host of the acclaimed podcast, Women Awakening with Cynthia James on all platforms and YouTube video.

Her latest book, *The Kingdom of Magic and Mystery: 7 Castles of Revelation, Inspiration and Creativity to Activate Joy and Freedom* was released in March 2025. She created and facilitated the highly acclaimed Vibrant Living Summit featuring 22 world renowned teachers, scientists and healers to support the ability for people to manage their frequency and manage their energy in these challenging times.

*Cynthia is personally committed to utilizing creative expression as a vital and effective healing modality that will assist everyone in their own personal and professional growth.*  
[www.CynthiaJames.net](http://www.CynthiaJames.net)